

COACHING CLINIC DESCRIPTIONS

U-8 Coaching Certificate: The U-8 Coaching Certificate is designed to provide the parent/coach of seven and eight year olds with information on creating a beneficial soccer environment. The course has been designed to address the specific characteristics of this age group and to present activities and games that are developmentally appropriate. *Coaches receive a DVD and printed material with practice ideas and drills.* 2.5 hour clinic.

U-10 Coaching Certificate: The U-10 Coaching Certificate is designed to provide the parent/coach of nine and ten year olds with information on creating a beneficial soccer environment. The course has been designed to address the specific characteristics of this age group and to present activities and games that are developmentally appropriate. *Coaches receive a DVD and printed material with practice ideas and drills.* 2.5 hour clinic.

USSF “E” license: The emphasis of the “E” course is on coaching players 10-14 years of age. It is a general certificate of 11-a-side play and is intended for those coaches who are in the transitional stage from coaching modified soccer to coaching 11 vs. 11 soccer. The course is best suited for those coaches with several years' experience or who have attended one or more of the youth module courses.

The “E” course focuses on coaching points and the teaching of technique, with an introduction to the Principles of Play (attack and defense). The “E” course also provides elementary information on the management and preparation of a team. 18 hour clinic spread over 2-3 days.

USSF “D” license: The attendees of a “D” course fall into two distinct categories: coaches who are using the course to prepare for the National “C” License and those who are using the course to qualify for a particular level of coaching within their state. Many of the latter are not required to further upgrade their license. In addressing coaches in these two categories, the “D” course can be seen as either preparatory or terminal.

The “D” course is for coaching players 14-18 years of age and emphasizes observing mistakes and providing information to correct the mistakes. A majority of the course schedule is devoted to practice coaching and practical examinations. Candidates will be examined by the analysis of videotape footage for their knowledge and understanding of tactics and methodology. There are also take-home examinations on soccer injury prevention and the FIFA Laws of the Game.

Based on how well they do in the “D” License course, candidates are awarded either a National “D” License, which allows them to attend a National “C” License course after a year, or a State “D” License. If a State “D” License is earned, the “D” course can be retaken by coaches interested in obtaining a National “C”.